



Robert Scheinfeld

Deeper Level to The Game



In this episode, I would like to share with you a major revelation that I had recently. For as long as I have been writing, speaking and teaching, I have been trying to find the perfect way to describe, in just a few words, what Truth (with a capital T) and Spirituality really mean. I've been searching for the perfect way to describe, in just a few words, what happened to me on my journey into Truth (with a capital T) and what I now call Ultimate Freedom, and what can happen for you if you take that same journey. I've been searching for the perfect way to describe, in just a few words, the unique puzzle pieces that I have to offer people, and what makes the Ultimate Freedom teachings so different and powerful.

So, along those lines, I recently had a major revelation that I am calling a Deeper Level to The Game. My hope is that this revelation will interest you, and more importantly, be very supportive to your journey no matter what your current situation is or what you're most interested in in your life right now.

So, first, let me give you a little bit of background about how I had this revelation and what actually happened. I am a big fan of the HBO television show called "Westworld." If you haven't seen it, I give it my highest, highest, highest recommendation. It is an amazing story, an amazing production, an amazing piece of work. There is some violence and some other things that may be tough for you to watch at times, maybe not, but it's well worth it.

Like the film "The Matrix," there is so much Truth (with a capital T) standing and hiding in plain sight in "Westworld" against the backdrop of a great story. So, some of that Truth (with a capital T) is very subtle, and is hidden, and is buried underneath, and you have to dig a little bit for it, but a lot of it is hiding in plain sight and you can actually see it if you simply look.

In case you don't know, on the surface, "Westworld" is about an amusement park based on the Old West in the United States. When I watched the first season of "Westworld" for the second time, I also watched some of the bonus features, and one of them was an interview with the co-creator of the show, Jonathan Nolan.

Jonathan Nolan said the following in that interview when talking about the show: "There's another story," he said, "a hidden story. Underneath everything else in this park, underneath all the stuff, all the casual visitors come to engage in, there's something true and real."

Throughout the series, there's a character in "Westworld" who's known as "The Man in Black," who's played by an actor named Ed Harris, who you may be familiar with. And this character, "The Man in Black," echoes Jonathan's words when he says, "There's a deeper level to the game." And he spends the entire first season of "Westworld" searching for that deeper level to the game. It's the only thing that's really important to him in his life.



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Now when I saw that interview, that's when I had my revelation, because when he said that, and when I thought about "The Man In Black" saying "There's a deeper level to the game," something literally lit up inside of me, and I instantly knew that what he said totally nailed what my entire life has been about, what the experiences that I've been through over the last 10+ years were all about, and what the unique gift is that I offer people when I play the role of writer, speaker, teacher, coach, whatever you want to call it. It was just a major "Wow" moment.

So, what I discovered on my journey, and what I want to talk to you about here in this episode, is that the same thing that Jonathon said about the "Westworld" amusement park is True (with a capital T) for the human experience (is my label) that we're all participating in. There's a deeper level to the game. There's a hidden story underneath everything else, underneath all the stuff that you engage in day-to-day, no matter what it is. It surprised me, so it may surprise you as well to discover that there's even a hidden story and a deeper level underneath most of the well-known and popular spiritual teachings out there.

So, what do I mean by hidden story? Well, in simple terms, hidden story relates to the answers to what I call the big questions. Now, as best as I can tell from my research and experience, humans have been trying to answer these big questions for as long as there have been humans. The answers to these questions have been the obsession of humans, particularly humans that would say that they're on a spiritual quest or a spiritual path.

So, here are the big questions.

First, "Who are you really at all levels?" And the way that I language this is personally and spiritually, because who you are, who you really are, has those two components. Personally, the person who's listening to this, the individual, and then from a bigger picture, spiritual perspective, who you really are behind the scenes, going much more deeply than that. So, that's the first question. Who are you really at all levels?

The second big question is "Why are you really here?" What's the full and complete truth about why you're here having this human experience, participating in what I now call the human story?

Going more deeply beneath that, the third question is "What is your true mission and purpose?" See, what I discovered is there is a general big picture, if you will, reason for why you are here participating in this human story, and then underneath that, within that context of the general big picture reason that you're here, then you have a specific mission and purpose, and it isn't usually one thing; it's a bunch of things, but mission and purpose means "What specifically did you come here to (however you want to language it: be, do, experience, contribute, whatever you want to call it)?"



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And the final big question, to my bias, is “How do things really work while you’re here?” And what that means is “What really shapes and determines and creates what happens to you every day?”

I divide the human story, what happens to us every day, just for purposes of discussion, because it’s very useful and supportive. I divide the human experience into two components, what I call inner space and what I call story space.

Inner space, as the name would suggest, is everything that appears to happen inside of you, and that includes thoughts, feelings and sensations.

And then story space is everything that happens that appears to be outside of you, which includes your body, and then other people, places, and things, everything that happens in the world, in the physical universe, 3D reality, whatever you want to call it.

So, every day, all day long, things are happening in inner space. You’re having certain thoughts, you’re having certain feelings, you’re having certain sensations, and things are happening in the physical universe, in the world.

And so, this fourth question is “What really determines it?” What really causes? What really creates? What’s appearing for me every day in inner space and story space?

So, all of this comprises what I call the hidden story, and the thing that I discovered, and that odds are to one degree or another you’ve realized, whether you’re fully conscious of it or not, is that there are so many teachings and techniques and systems and methods and practices out there that attempt to answer these questions or that attempt to give you, whether you want to call it attraction, manifestation, or reality creation techniques that you can use to address the answer to that final question, “What really creates your reality?”

There’s so much out there today about the answers to these four questions, but what I discovered, and again, I think you know on some level, whether it’s fully conscious or not, is that something’s missing. There’s a hidden story. And none of the techniques, none of them, work consistently or reliably.

That is the obvious fact that you see if you look at what happens when people use these techniques with brutal honesty, and there are millions of people now, and going back in history, who are embracing what they’ve been told as the answers to these questions, who have been attempting to use an endless assembly line of techniques to try to create the reality that they want, live the life that they want, fulfill their dreams, and it isn’t happening because the techniques don’t work reliably.



And the reason that the techniques don't work reliably, again, comes down to the fact that there's a hidden story. Now, for some people, they don't know anything about what I call the hidden story. Other people know certain things about these things that I'm calling the hidden story, but there are some things that they have learned, that they have discovered, that they believe, that are not true, that are not accurate, or what they know is incomplete; there are some significant missing pieces of the puzzle.

That was my story, and the odds are, since you're listening to this particular podcast episode, or this audio that you found on my website or somewhere else, odds are, that the answers that you're aware of as it relates to the hidden story are some of the pieces, puzzle pieces are distorted, they're inaccurate, they're not true, and there are some major puzzle pieces missing.

And that's the real reason that you still have not achieved certain of the goals that you have, the targets that you've been shooting for, whether they're what I call mainstream or they're what I call spiritual. Not knowing the complete and accurate hidden story is also the reason that you're still struggling with whatever you're struggling with, whether it's what I call negativity, which might mean anger, frustration, depression, fear, things that are in the feeling part of life that you might be struggling with.

For me along these lines, the biggie was anger and feeling like a victim, or repeating patterns, repeating patterns with money, with business, with career, with relationships, where the same things just keep looping back and forth over and over and over again, different people, different places, different stories, different details, different specifics but the same basic frustrating patterns that just keep repeating endlessly no matter what you do.

Now you may be struggling with something else. It may be something related to the body, health or wellness, or something else, but the real reason that the struggles continue, the real reason that they're happening, the real reason that those things are so difficult to deal with on a daily basis, particularly if they've been repeating for a long time, comes back again, to incomplete or distorted awareness of what I am calling the hidden story.

And what I discovered is that until the complete and clear hidden story is revealed and you become aware of it, most of these kinds of things are never going to stop. The looping patterns aren't going to stop, the struggles aren't going to stop, and the pattern of not achieving particular goals, there being some block or forcefield or something that seems to be stopping you or sabotaging you, or whatever you want to call it.

Or related to that, which again, was a big one for me and for many, many people whose journeys I'm aware of, is setting goals, having targets, wanting to really produce particular results, working, working, working, including over long periods of time, then finally achieving it, finally



getting what it is that you really wanted so badly and worked so hard for, and then find out that there's an emptiness to it, it isn't as enjoyable or transformative, or whatever else, as you thought it would be, or not being able to hold on to it.

You achieve a particular goal, maybe it's income, maybe it's a relationship, maybe it's freedom from a particular pattern or whatever, and for a short period of time, whatever that means, you're experiencing a new way of being, and then ultimately it loops back again and you realize that there's been no permanent, overall change to quality of life.

My bias and my experience in my own life, which has been echoed and mirrored by virtually everyone that comes into my sphere of influence to work with me, to talk to me, is that none of this is going to stop until, number one, the full and complete hidden story, the true, complete, and full answers to those four questions that I mentioned, get answered, and that's where starts.

Now, sidebar. When I say, "get answered" I mean two things. First, there's certain parts of the hidden story that are revealed to you in the form of what I call ideas and concepts. It's something that you understand, it's something that makes sense to you, it's something that happens at the intellectual, logical, idean concept kind of a level.

But for certain pieces of the complete true hidden story, they must be experienced. Just because you know them, just because you understand them, it's an important first step, it's nice, it's a puzzle piece, but it must drop down deeply beneath that to become experiential.

So, it's not about just knowing something, understanding something, being able to get an A on a test about something, or having something cool and interesting to talk about at parties or at gatherings, it's actually Experiencing (with a capital E) the Truth (with a capital T) of some of those specific puzzle piece answers to the four questions that I mentioned to you and getting to that place of knowing, understanding, being aware, however you want to language it, of the full complete hidden story is what happened to me on my journey.

And as a big part, but we'll get to the other parts in a minute, of what I do now, what my passion is, what my mission and purpose is, is to help other people to see and know and experience the full and complete and true hidden story.

So, what happened to me, and what I facilitate happening for other people, and to my bias, what absolutely must happen for things to truly change and transform for you, is that you must have some sort of an experience that does these seven things for you.

Number one: reveals who you really are and what your true mission and purpose are, and again, who you really are at the personality and the spiritual level.



Now if you had come up to me, I'll make up a number, 10 years ago, and you had said "Hey, Robert, do you think you know yourself pretty well? Do you think you know who you really are and what you really want and what would really make you happy? Are you pretty clear on that?" I would have told you "Yes," and I would have been completely certain of the accuracy of that answer.

But what I discovered is, I did not have a clue about who I really was at the personality level, who I really was, what I really wanted, what would really make me happy and float my boat, and lead to a rich and fulfilling life. All of that was deeply buried under layers of what I call lies, illusions, stories, pain, wounds, and trauma.

And after playing the role of teacher and coach, let's just call it that, for I don't even know, at the time of this recording, coming up on 30 years. I've seen that I was not unique in that. The same thing is true for just about everybody that comes into my sphere of influence. It's like we're all wearing masks that not only hide who we really are from other people, but hid who we really are from ourselves.

So, that was the first thing that changed for me, and it's a part of what I call the deeper level of the game. It's only a part, but it's a big part of what I call the deeper level of the game, is that that mask was removed and suddenly I could see and experience who this Robert guy really was behind the mask and underneath all those layers of pain and trauma that were blocking it all.

Now in terms of who we really are at the spiritual level, again, you may be an exception to this, but the odds are you know something about that, you've learned something about that. You could get an A on a test question about that, and usually, the answer that is rampant out there is something like (the language can be different but you'll know what I mean) that we are spiritual beings having a physical experience. It's something like that, that who we really are at a spiritual level is much more than who we appear to be at the personality level.

And if your journey is like mine used to be, while you are aware of that and you understand that and you know that and you could get an A on a test about that, you're not actually experiencing it. You don't experience yourself as that. I certainly did not.

So again, going back to the seven things that I was talking about, there must be some sort of an experience that reveals knowledge and experientially who you really are, and what your true mission and purpose are.

Number two: an experience, again, that reveals what the real you really wants, what would really make you happy and fulfilled, what would really solve your problems or whatever else it is that you're focused on right now.



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Now there are some exceptions in big ways and in small ways, but in general, there is a huge, huge, huge difference between what we think we want, I'll call it from the limited perspective of the conscious mind, and what we really want, which means at a much deeper and Truthful (with a capital T) level that relates to mission and purpose.

Number three: reveals what has really been blocking you from knowing and getting what you really wants, blocks that odds are, no one has ever told you about before.

Number four: an experience that removes those blocks so they never again limit you, restrict you, or drive you crazy like they have been.

Number five: permanently shifts how you see and experience yourself, others, and the world, again, what I call story space.

Number six: permanently shifts how you see and experience your thoughts, mind, emotions, and sensations, which again, I refer to as inner space.

And number seven: shifts things so radically, again at an experiential level, not just ideas, concepts, and understanding, shifts things so radically that what you really want starts manifesting on its own, naturally and automatically.

And this can happen at this level, a deeper level to the game, without you using any particular techniques or strategies or methods or practices or setting intentions or setting goals or any of that, or it can involve those things but in a radically different way.

So, when these seven things happen, when there is an experience, or there are experiences that create those seven things to appear in your life, then all of a sudden you start playing the human game, if you will, having a human experience, participating in the human story (those are the three ways that I have or do talk about it) at a deeper level to the game, where everything changes, down to the smallest detail of what's appearing in inner space and story space.

So, there are three keys that I experienced for myself, and that my passion, mission, work, job, whatever, is to facilitate happening for others, is first: revealing the complete hidden story, the true complete hidden story, idean concept, and the important pieces experientially, taking a journey that I call the journey from mask to essence, from who you think you are to who you really are, knowing and experiencing.

And when those two things happen, it takes you to a deeper level of the game, where absolutely everything that happens, again, in inner space (thoughts, feelings, and sensations), everything that



happens in story space, whether it's money, business, career, body health and wellness, relationships, whatever it might be, spirituality, whatever it might be, is experienced in a radically different way, no matter what it is, what's happening.

And it's what opens the door to finally changing what's happening, which means the final, complete, permanent disappearance of the struggle with and the pain from all those things that you struggled with and fought against and tried to change, fix, and improve for so many years, including the repeating patterns, the blocks, the forcefields, all of the things that have been limiting and restricting you and that you've been battling and fighting against.

Now this has been shared as a brief introduction to something that's actually far more complex and detailed. And so, if you're interested, I'd like to invite you to participate in a free video training that I created. It's called "A Deeper Level to The Game," and it will go into much more depth about all of the things that I talked about here, including, if it might interest you, how we could partner together to facilitate you taking a similar journey.

And at the end of this audio, you will hear me give out the website address that you can go to to register for and get immediate access to that free video training. Just wait a couple of seconds here for the close of this podcast to complete, and you'll hear me give out that website address. And I'd like to strongly, strongly, strongly, strongly, strongly urge you to take action now, register for that free training and find out what I have to share with you beyond this, related to the hidden story, the deeper level to the game, and the journey from mask to essence.

*To get immediate access to the FREE video training, go here:*

<https://www.robertscheinfeld.com/training>

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For more information on the topic discussed in this transcript, and/or Robert Scheinfeld and The Ultimate Freedom Teachings, visit:

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